

CASE PRESENTATION: ADULT FEMALE PRESENTATION OF ANORECTAL MALFORMATION

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ABSTRACT

We present the case of a 30-year-old African female who presented with features of an acute abdomen. Enquiry revealed a history of frequent urinary tract infections. Clinical examination revealed a low anorectal malformation that was later characterized with imaging as a recto vestibular fistula. Intra operative laparotomy findings were of a perforated bladder and abdominal sepsis.

The gynecological and surgical teams jointly managed her. Following a prolonged stay in the hospital, she was ultimately discharged home.

Challenges regarding her future care: continence, social acceptance and psychosexual issues were encountered during our interaction with the patient. These were the genesis of this case presentation.

We outline the adult presentation of anorectal malformations in regards to her acute surgical care as well as future challenges in her management. We also review the current literature regarding the management of adult females presenting with anorectal malformations and the options that are available locally.